

The Enbrel[®] Experience

(etanercept)

This booklet does not replace the advice of your healthcare provider. Please speak to your doctor if you have any concerns about your condition or treatment.

Enbrel has a long history of treating patients with joint and skin conditions all over the world

- Enbrel has had a stable presence globally for 28 years, with over one million patients having received treatment

Enbrel is used to treat a range of joint and skin conditions

- Enbrel is used for the treatment of:
 - Rheumatoid arthritis
 - Ankylosing spondylitis
 - Non-radiographic axial spondyloarthritis
 - Psoriatic arthritis
 - Juvenile idiopathic arthritis
 - Plaque psoriasis
 - Paediatric psoriasis





Enbrel helps control symptoms so you may be able to do more of the things you enjoy

- With Enbrel you should feel less pain and stiffness in your joints; Psoriasis patients should notice clearer skin. If you have any concerns about your treatment, please speak to your doctor

Enbrel benefits usually occur within 3 months

- You may experience the benefits of Enbrel as early as 1-2 weeks after your first injection, maximum benefits within 3 months
- Enbrel benefits may last for many years so continue to inject Enbrel for as long as your doctor recommends

Enbrel injections can be self-administered once a week in the comfort of your own home

- Enbrel can be given once a week so it is easy to remember – just choose a day of the week and use Enbrel the same day each week
- Weekly injections of Enbrel provide a stable level of your medicine to help control symptoms

Enbrel offers flexible storage options so trips away from home are less of a hassle

- Whenever possible, Enbrel should be refrigerated at 2°C to 8°C and protected from light, sources of heat, and humidity
- If you are travelling, Enbrel can be removed from the fridge and stored at room temperature, below 25°C, but it should be used within four weeks
- Travel packs are provided free to keep your Enbrel cool during short trips

Convenient needle disposal

- To reorder another sharps container, phone 0800 ENBREL (362 735), press option 2 and one of our helpful team will organise to have this sent to your home
- To dispose of your full sharps container please consult the Enbrel Sharps brochure in your Enbrel Patient Pack. You will find a list of dedicated pharmacies throughout New Zealand where you can drop off your containers free of charge

Enbrel patient support

- A variety of Enbrel support materials are freely available to complement the care you receive from your medical team
- Upon request, your doctor will give you a complimentary Enbrel Starter Kit which includes information on Enbrel; step-by-step injection instructions, a sharps container (for safe needle destruction), a carry bag, and ice pack. Additional information including injection demonstration footage can be found at www.enbrel.co.nz

ENBREL® PATIENT SUPPORT MATERIAL

The Enbrel Starter Kit for patients includes:

- 1 'Your Patient Guide to ENBREL'
- 2 a sharps container
- 3 carry bag and ice pack



Help when you need it

- Contact your healthcare professional or call 0800 ENBREL (0800 362 735) and select option 3 if you would like to speak to our Enbrel Patient Support nurse
- For more information and answers to frequently asked questions, visit the Enbrel patient website at: www.enbrel.co.nz

All medicines have risks and benefits. Like other medicines Enbrel can cause some side effects. The most common side effects with Enbrel are injection site reactions, infections, allergic reactions, itching and fever. Tell your doctor immediately if you experience any of the following as these may be signs of serious side effects: dry cough, fast or irregular heartbeat, swelling legs or feet, tiredness and weakness, headaches, shortness of breath, dizziness, nose bleeds, paleness, frequent bruising, skin rash, blisters or ulcers on your skin, seizures, numbness or tingling in your body, diarrhoea or mucus or blood in stools, weakness in your limbs, fever, chills, mouth ulcers, sore throat, dry cough, non-healing skin sores, swelling of glands, swelling of your face, lips and/or tongue, itchiness and hives, joint or muscle pain, weight changes and problems with eyelids. Cancers of the skin, lymph system and blood system have also been rarely reported.

References: 1. Periodic Safety Update Report (Pfizer); 12/17 2. Enbrel Data Sheet 3. Keystone E C., et al. Arthritis & Rheumatism 2004; 50(2): 353-363

ENBREL® (etanercept)

25 mg powder for injection plus diluent; 25 mg solution for injection (Auto-injector) and 50 mg solution for injection (pre-filled syringe and Auto-injector)

ENBREL (etanercept) is a prescription medicine containing 25 mg or 50 mg of etanercept.

It is used to treat rheumatoid arthritis, juvenile idiopathic arthritis (JIA), psoriatic arthritis in adults, ankylosing spondylitis in adults, non-radiographic axial spondyloarthritis in adults and plaque psoriasis in children and adults.

Enbrel has risks and benefits. Use strictly as directed. Consult your doctor to see if ENBREL is right for you. If symptoms continue or you have side effects, see your doctor, pharmacist or healthcare professional.

Do not take ENBREL if you are allergic to any of its ingredients, if you have a serious infection, have a blood infection or are at risk of one, or are currently taking an interleukin-1 antagonist, such as Kineret.

Caution is needed if you are being treated for diabetes, are taking Orencia, Endoxan or Salazopyrin, have heart failure, cancer, multiple sclerosis or inflammation of the nerves of the eyes, during vaccination or in children who have not completed their immunisation program, if you are pregnant or planning to become pregnant or are breastfeeding. Tell your doctor if you are taking any other medicines.

Common side effects: injection site reactions, allergic reactions, infections. Tell your doctor immediately if you experience any of the following as these may be signs of serious side effects: tiredness, headaches, shortness of breath, stomach pain and/or diarrhoea, dizziness, nose bleeds, paleness, bruising more frequently, skin rash, blisters or ulcers on your skin, seizures, numbness or tingling in your body, weakness in your limbs, swelling of your face, lips, tongue, arms or legs; itchiness and hives.

ENBREL is fully funded on special authority. A pharmacy charge and normal doctor's fees apply.

Further information on ENBREL and the Consumer Medicine Information is available from www.medsafe.govt.nz or Pfizer New Zealand Ltd, Auckland, www.pfizer.co.nz, Ph. 0800 736 363.

Pfizer New Zealand Limited, Auckland.

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